

✨ The 48-Hour Weekend Declutter Checklist

A calm home starts with clear spaces.

Label (top-right): Free Printable

🌿 Friday Night Prep

- Clear visible surfaces
 - Gather cleaning tools + bins
 - Make your 3 declutter boxes (Keep / Donate / Trash)
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🌻 Saturday Focus

- Tackle kitchen + living zones first
 - Label and store essentials
 - Drop donation items by the door
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🌿 Sunday Finish

- Handle sentimental or hard-to-sort items
 - Organize storage spaces
 - Do one 15-minute “power sweep” per room
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🕊️ Keep It Going

- Do a nightly 2-minute reset
- Keep one donation bin in your hallway
- Celebrate every small win 🎉



Weekend Reflection Sheet

My Decluttering Wins

Write your reflections or notes after completing your 48-hour declutter:

What area feels most improved?

One thing I let go of today was...

How will I keep this energy going?

What surprised me most about decluttering?

 Reminder: Progress, not perfection.