

Grilled Lemon Herb Chicken

Ingredients:

- 2-4 chicken breasts
- Juice and zest of 1 lemon
- 3 garlic cloves, minced
- 3 tbsp olive oil
- 1 tsp dried oregano or thyme
- 2 tbsp fresh parsley, chopped
- Salt & pepper



Instructions:

- In a bowl, whisk lemon juice, zest, garlic, olive oil, oregano, salt, and pepper.
- Add chicken, coat well, and marinate at least 30 minutes.
- Heat grill or skillet. Cook chicken 5-7 minutes per side until done.
- Sprinkle fresh parsley before serving.

